

Students are expected to enter into treatment using the methods of Heilkunst during their course of study, on the basis of the Hippocratic maxim: "Physician, heal thyself." This treatment will be done with one of the existing practitioners (Heilkünstler's) certified by the College as a supervisory practitioner.

<u>Important:</u> the same person may not fill the role of both practitioner and tutor. The two are to be kept separate.

### DSH

Treatment up to the end of the first round of the chronic miasms is a requirement before students (registered for the three-year programs) are allowed to begin the clinical portion of their studies.

Working through the timeline takes an average of eighteen to twenty-four months (consultations are to be scheduled 4-6 weeks apart), followed by the miasms where each round takes approximately one year to complete.

**Treatment is to be started within 90 days of registration**, as this will ensure that the student derives the maximum advantage from his/her studies. Remember that we can only help our patients to the level of health that we have achieved.

### **DynBC and DynNC/DynHC**

Students enrolled in the Dynamic Blood Analyst (DynBC), the Dynamic Nutrition (DynNC) certificate and Dynamic Health Counselor (DynHC) programs are required to have at a minimum an initial consultation and three (3) follow-up appointments with a HCH supervisory practitioner.



### <u>DynBC</u>

Students taking the Dynamic Blood Analyst certificate are required to have their blood analyzed by one of our practitioners. One initial appointment and one follow-up appointment are required at a minimum; this is not included in tuition. In addition they must have six consultations with a Heilkunst supervisory practitioner (including an initial if needed).

### \*\* The cost of treatment is <u>not</u> included in tuition fees.

In the event that a student has completed the minimum treatment requirement, to ensure that the student is living up to the Hippocratic maxim listed at the beginning of this document, continued treatment will be required of the student as follows:

#### **DSH** students

Appointments on a quarterly basis, at a minimum, with a HCH supervisory practitioner. The student will be required to show proof of ongoing treatment to the Registrar. This can be provided by means of an e-mail from the practitioner listing appointment dates.

### <u>DynBC and DynNC/DynHC students</u>

Appointments on a quarterly basis, at a minimum, with a HCH supervisory practitioner. The student will be required to show proof of ongoing treatment to the Registrar. This can be provided by means of an e-mail from the practitioner listing appointment dates.

Consultations can be done by distance (telephone) where there is no qualified practitioner in the vicinity.



To arrange for your initial consultation with a practitioner at the HCH, please contact Reception at:

reception@homeopathy.com

613-692-6950 phone 613-692-0183 fax

www.homeopathy.com

A list of practitioners who meet the requirements to be a supervisory practitioner for students is also available. Students may choose one of these practitioners to begin their own sequential treatment. Ask the Registrar for more information.

### Why do we ask that students are treated throughout their studies?

The most effective way to digest and understand the knowledge learned through the course of studies is to experience first-hand what patients will be going through with their own treatment. If the student has not undergone treatment to the minimal levels required he/she will not be able to fully comprehend just what their patient is undergoing. The information below explains the basis of Heilkunst and what the student can expect to experience in their own treatment and thus be able to explain to their future patients.

#### What are Heilkunst and Homeopathy?

Heilkunst is a comprehensive system of medicine based on natural laws and founded over 200 years ago by a German physician, Dr. Samuel Hahnemann.

Any true system of medicine must address three issues:

- 1. Identification of disease (diagnosis)
- 2. Development of effective medicines (that is, medicines that cure safely) or remedies
- 3. Treatment, or matching the remedy to the disease

Above all, true medicine must respect the Hippocratic oath, "primum non nocere" or "First, do no harm." Heilkunst does all this, and guite differently from the



prevailing system, called allopathic medicine.

#### Disease Identification

For Heilkunst, disease is a dynamic, or energetic phenomenon, not a material thing. Where allopathic doctors search for disease at the material (chemical) level, Heilkunst sees the physical manifestations as only the result of disease. Thus, an inflamed joint may be given the name "arthritis" or a respiratory disturbance the label "bronchitis," but such labels are only a description of what is happening (arthritis = inflammation of the joints; bronchitis = inflammation of the bronchi), not a true diagnosis of the cause. To be a true diagnosis, it should disclose the cause of the disease. The cause of disease is not in the chemical body, which remains immediately after death, but in the life body, which is energetic in nature, but nonetheless real.

Heilkunst discerns what is transpiring in the life body through two main methods. One is by treating the visible symptoms of the disease in the patient as being a mirror of the disease itself in the life body, properly called homeopathic treatment. The other is by obtaining a history of the various shocks and traumas of one's life, as these indicate likely sources of damage to the life body, and then treating for them in the reverse order of their occurrence. This is known commonly as sequential or homotonic treatment.

#### Remedies

The medicines used, generally called remedies, are made from mainly natural substances and are prepared in a way that increases their therapeutic (medicinal) effect, but essentially eliminates their capacity to harm (so-called side effects). This process of energising, also referred to as dynamising or potentising, leads to medicines that are highly effective at the bio-energetic level of the life body and yet entirely safe, including for pregnant or nursing women, children and pets.

The medicines are tested clinically on volunteers and the results of these "provings" are published in legally recognized compendiums called materia medicas (Latin for medical substances) or pharmacopeias (pharmaceutical indexes). The common term for all such remedies is "homeopathic medicine." Canada recognizes the three main homeopathic pharmacopeias, those of the



U.S., Germany and France. The manufacture of remedies is regulated by Health Canada and the US FDA.

#### Treatment

There are two principles of nature in medicine, known since the days of Hippocrates: the law of opposites and the law of similars. Generally, the law of opposites is the valid law in the realm of therapeutic regimen (diet, nutrition, exercise, etc.), and is so used in Heilkunst. If you have too much or too little of a given nutrient (an imbalance, not a disease), for example, you simply need to reduce or increase your intake to achieve a balance. If used in the area of disease proper, the law of opposites simply suppresses the symptoms without curing the underlying disease.

This is essentially (if unwittingly) what allopathic medicine does: anti-inflammatories, anti-biotics, anti-histamines, anti-depressants. The names tell us the principle being used. The natural law of cure in the realm of disease is the law of similar resonance.

This is the principle used by Heilkunst to match the remedy to the disease. Heilkunst encompasses three grand areas in the restoration of one's health or wholeness:

- a. regimen: diet, nutrition, exercise, supplements involving imbalances
- b. medicine proper: involving true disease
- c. therapeutic education: involving the deeper issue of the soul and spirit in terms of our false beliefs, illusions and delusions, as well as our deepest fears.

Homeopathy is only one aspect of the more comprehensive system of wellness known as Heilkunst. Homeopathy is used mainly in acute diseases and as an adjunct in the treatment of deeper diseases, called sequential prescribing.

Heilkunst is true causal medicine. The identification of disease at the same time gives the practitioner, or Heilkünstler, the name of the remedy required to cure



that particular disease. Thus, for example, if you have a headache, that is not the disease, but only the result of the disease expressing itself in the physical, chemical body. A painkiller only kills the pain, it does not cure the cause of the headache. If, however, a Heilkünstler determines that the headache has been triggered by heatstroke, then the patient would be given a remedy that has been proven to cure disease caused by heatstroke. Once the cause is removed, the symptoms, including the headache, will disappear.

Heilkunst is highly effective in many complex, chronic cases, whether in humans or animals. It is able to get at the multiple causes of a condition by systematically dealing with these causes, one by one, according to the principles of natural law. Heilkunst is safe, effective and comprehensive, and leads to the true restoration of health or wholeness.

"The physician's highest and only calling is to make the sick healthy, to cure, as it is called."

- Dr. Samuel Hahnemann,

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