

various inherited predispositions relevant to the case. This constitutes the main part of the treatment.

Following this analysis, you will be given an initial remedy (or remedies) to start the process of sequentially removing the various shocks and traumas that have contributed to the current ill-health or that are impeding your animal's attainment of better health. Each remedy is matched with a particular trauma.

Certain events may consist of a complex of traumas and will thus require a complex of remedies to address. This is known as sequential or homotonic prescribing. The timeline provides a map of where the life force will direct itself next and gives the practitioner a useful means of assessing the right sequence of remedies required. Sometimes an acute (pathic) remedy may be required for acute incidents or flare-ups and sometimes for accidents or surgical procedures undertaken during the course of the treatment.

Another part of the treatment is to identify your pet's constitutional remedy. This relates to its innate nature, and the corresponding remedy can help strengthen its life force during the process of treatment.

As well, you will be given advice about regimen and the ways in which you can do more to assist the healing powers of your pet's physical body. Suggestions may also be made about how you can best establish the most healthy balance of power in the household, with you and the other humans in the house as the alpha animals.

Healing is very important to complete the restoration of health, which is started by the removal of disease by the right remedies.

FOLLOW-UP CONSULTATIONS

The purpose of these consultations is to provide regular assessments of the progress of treatment according to the natural rhythm of removal of disease and healing (remediation). You will be asked to describe any changes you have noticed in your pet that are out of the ordinary over the month since your last visit. Your practitioner uses these changes to assess the effectiveness of the remedies and the need for new or additional remedies or new potencies, particularly in the context of the timeline. You are encouraged to raise and discuss any unusual occurrences in your pet's condition and life more generally, even if they appear to be minor.



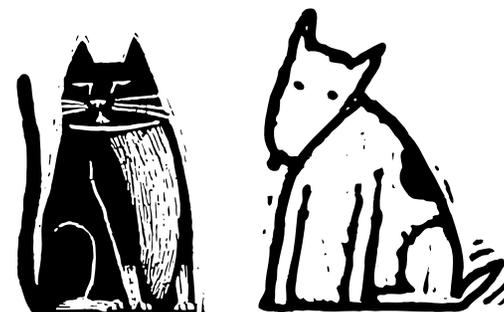
HAHNEMANN CLINIC FOR HEILKUNST

2411 River Road
Manotick ON K4M 1B4
1367 St. Joseph Blvd.
Orleans ON K1C 7K9

Appointments: 613-830-8307
Information: 613-692-6950



Achieving Animal Health Through Heilkunst



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OTTAWA, CANADA



Achieving Animal Health Through Heilkunst

There are three areas of health that are addressed when an animal is treated using Heilkunst:



REGIMEN

This is the realm of healthy diet, exercise, nutrition, supplements, sleep, hydration, relaxation, etc. Here we find *imbalances* because of too little or too much of something that is needed by an animal to function properly.

MEDICINE

This is the realm of disease proper. Disease is not simply an imbalance, but a deeper impairment of the life force. To correct this impairment, a substance is needed that can remove it (called cure), which is a medicine or remedy. This realm consists mainly of the treatment of various shocks and traumas (physical, medical and emotional) acquired over the animal's lifetime, as well as the potential for various inherited diseases (chronic miasms) that are carried into this world with every living being, a gift from our parents at conception.

THERAPEUTIC EDUCATION

Animals are very much affected by the state of health of their owners, their behavior and their beliefs about themselves and the world. Emotional issues that the owner is experiencing or working through can lead to health problems in their animal(s). Thus, it is important to examine the owner's life, circumstances and particular issues in order to fully understand the context of the animal's case.

Equally, it is important to understand that animals operate purely on instinct. What they do and how they respond to a situation involving their owner or the family environment is very much dictated by their particular nature. Dogs are best at being dogs, cats at being cats, horses at being horses, etc. They are not good at being people or being treated like people. Many of the behaviour and health problems are linked to confusion in the animal's mind as to his or her place in the group, and what is expected and required of it. Since we often give, unknowingly, conflicting signals, this is very stressful on the animal concerned and needs to be addressed.

INITIAL CONSULTATION

We must first ensure that we are providing the best environment for the maintenance of health. In addressing any obvious imbalances in your companion animal's system, we can remove various symptoms that are due solely to those imbalances. If your pet is not getting enough of the right food and exercise, enough fresh air and clean water, its body will begin to manifest complaints. In the first part of the consultation, you will be asked about your pet's dietary and exercise habits, its level of water and supplement intake, and any other aspects of regimen that may be useful, including other therapies that you may be following (e.g., acupuncture, massage, chiropractic).

In addition, you will be asked for information about any allopathic (conventional) drugs or herbs your pet is taking so we can determine the potential interactions or nutrient depletions. The process and meaning of preparing a chronology or timeline of the physical and emotional traumas in its life will be explained, and you will normally be expected to bring this timeline along with you to the main consultation.

In the main consultation, you will be asked to describe the nature of your companion animal's complaints and your health concerns. The practitioner, or Heilkünstler, will then look at and discuss the traumatic timeline in the context of these concerns, and will also discuss the role of

