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HAHNEMANN CENTER

NEWS FROM THE CLINIC/COLLEGE/TRUST

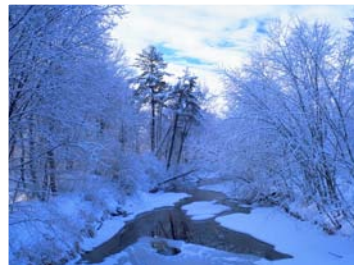
✧ An Auspicious Year ✧

Dr. Samuel Hahnemann was born on April 10, 1755. This April 10th, on the 250th anniversary of his birth, the Hahnemann Center breaks ground on a new college and teaching clinic, to become the first homeopathic teaching hospital in North America in more than 50 years.


BIG PLANS FOR THE HCH

We break ground on Dr. Hahnemann's 250th birthday, building the initial installment of a facility that we intend to be a magnificent testament to his genius, and that will become the first homeopathic teaching hospital in North America. The first building will contain the Clinic, College and Administration, with the

possibility of 24/7 emergency on-call practitioners, as well as two comfortable overnight rooms for serious cases that might feel more comfortable with closer observation.




We plan to have a cafe serving food appropriate to the blood types, and we will have a small store that will carry those supplements and foods that we find most beneficial to our patients and students.



Silhouettes...

The sun sets over the northwest corner of the new 120 acres, over the land that is the location for the new college and teaching clinic for Heilkunst.



Hemp Crisps

Making crushed hemp hearts into a delectable and healthy treat!

Courtesy of Lori Nichols-Davies continued on page 2

- 1/3 melted unsalted butter
- 1 free-range egg, beaten
- 2/3 cup Sucanat ®
- 1 ¼ cup whole grain spelt flour or flour of your choice
- 100 g. protein from vanilla protein powder

- 1 tsp. cinnamon
- 1 cup hemp hearts
- 1. Melt the butter in a warming oven. (Four minutes)



Hemp Crisps,

continued

Gather and measure all ingredients. Prepare two trays.

2. Make the batter. In a medium bowl, beat the egg. With a wooden spoon, mix egg thoroughly with Sucanat and the melted butter. In a two-cup measuring cup, mix flour with protein powder and cinnamon. Add flour and hemp seeds to wet ingredients. Stir in a clockwise fashion for positive energy.

2. Shape the cookies. On a clay tray, or on metal trays with parchment paper, place small heapings, a mound filling up about half of a teaspoon, into five rows across and five rows down.

3. Bake at 350 degrees for seven minutes.

What's in it for me per two cookies with whole grain spelt flour?

Calories: 99 Protein: 5.5 g. (22%); Fat: 5 g. (46%); Carbohydrates: 8 g. (32%); Fiber: 1.3 g.; Vitamin A: 142 units; Folic acid: 9 mcg.; Vitamin C: trace; Calcium: 24 mg.; Magnesium: 38.4 mg.; Phosphorus: 93 mg.; Iron: 0.9 mg.; Potassium: 60 mg.; Sodium: 48 mg.

Preparation time: 10 minutes

Bake time: 7 minutes

Makes 50 cookies, one and a quarter-inch diameter.



Welcome to our New Affiliate Clinics!

About 30 minutes west of Ottawa is a small town called Arnprior, originally settled by the Scots. And in that small town is a wonderful old brick office building, converted from an old mill, that houses Arnprior's first Heilkunstler and Scenar therapist, Manuela Mueller-Code.

It is a joy to visit Manuela's office. The brick office building was rescued by the contractor hired to do the demolition of this former woolen mill, and is wonderfully renovated! In the building is a huge Board Room that Manuela uses to host classes for patients and prospective patients, and a

gorgeous little tea room, where patients can wait for their appointment with her if they arrive a bit early. Manuela treats them to a cup of tea, but the aroma of the fresh baked goods that Sheila, the owner, pulls from the oven are just as tantalizing!



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About two hours east of Ottawa we have our new affiliate clinic in the province of Quebec, in the city of Montreal. Susan Cohen runs this office, filled with beautiful antique office furniture and housed in the relaxing atmosphere of a yoga and Pilates studio. Susan offers Scenar treatment in addition to Heilkunst.



The clinic is located in Monkland Village, which is the heart of the N.D.G. Quarter of the city. The street is filled with a variety of restaurants and coffee shops, as well as a health food and alternative book store. There is an alternative healing school around the corner, and four bakers within walking distance. It is easy to get to the Clinic via bus or metro, as the Villa Maria Metro Station is just a few blocks away.

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Fundraising for the Trust

This past Fall we had great fun while raising money for the charitable Trust of the HCH. The second annual Fall Rhapsody took place Thanksgiving weekend, followed by a delightful evening of book-buying at Chapters in November, just in time for holiday shopping! In February we celebrated Food and Sex (Victorian Epicure spices and The Pleasure Closet items) and a Flab to Fab challenge - 30 days of proper eating! And there's more to come!

NEURO SCENAR

Acute
Pain
Relief

Heals
Degeneration

Heals
Inflammation

Re-Sets the
Autonomic
Nervous System



THE SCENAR

Our patients have been buzzing about the Scenar! This tiny device has been helping *more* people leave their pain far behind than we ever could have imagined! We are impressed on a daily basis.



WHAT IT DOES

This one small device achieves what would otherwise require years of chiropractic, osteopathic or massage therapy treatments. It removes

inflammation, heals degeneration, can re-set the autonomic nervous system and remove blockages to cure, and "put your head on straight," simply and easily.

It also removes blockages to cure and, combined with the right remedies - well, the possibilities are phenomenal!



We really saw this device in action in August when we took it to BC to treat Rudi's mom, who had to get shots of Demerol for her sciatic nerve pain. She was up walking after the first treatment, and as of the end of February is still pain-free!

TREATMENTS AVAILABLE NOW!

Rudi and Patty trained on this device in Dallas, then ensured that practitioners and students had the same opportunity.

Now we can offer you pain relief in all four of our clinics! We have practitioners trained on the Scenar who are more than happy to share their skills with you, and of course our collective



amazement and appreciation. If you'd like an appointment or more information, please call or email one of the clinics.

Changes in the College and Clinic

This is a year of change for us, in many ways. We will keep you abreast of it with this newsletter, and in periodic emails, letters and flyers. Make sure we have your current email address since most of our communications are sent electronically.

IN THE CLINIC

Late in 2004 the Hahnemann Clinic was very proud to be nominated, and then awarded, a Service Excellence Award for Orleans, the part of Ottawa where the clinic is based. We thank everyone who voted for us for their support! Rudi and Patty attended a televised awards ceremony, were called on stage to accept the award, then interviewed backstage. Academy Awards Orleans-style!

We've made changes to provide you even better service, based on your suggestions.

- We have an experienced practitioner on-call from Monday to Friday for emergencies, to answer questions between appointments or handle other matters between your regular consultations.
- We now have the potential to offer a great deal of acute or chronic pain relief, with the addition of Scenar technicians to our staff. There is also the possibility of home visits for those unable to get to the clinic.
- Emergency walk-ins - Our On-Call practitioner can see you immediately without an appointment.
- Affiliate Clinics: To spread the possibilities of Heilkunst treatment, we now have an affiliate clinic in Arnprior ON and another in Montreal QC. You can read about these clinics on page two.

IN THE COLLEGE

Thanks to continual clinical work and research, we've been able to expand the potential of Heilkunst, particularly to complex, chronic cases, which has necessitated the Hahnemann College program evolving into a more comprehensive, four-year training program for practitioners.

The first two years are more or less the same as the current three-year program. The third year is dedicated to completing numerous projects, including course work and provings and all pre-clinical modules, with the fourth year dedicated to a more intensive clinical experience.

In order to share the new, emerging structure of extended Heilkunst in its Anthrogonomic form, and to explore the deeper meaning of the principles of Heilkunst already learned, the Hahnemann College is offering a postgraduate program for its graduates, starting in September, 2005. Classes will be restricted and discussions more personal and intense at this stage of learning. This course will be conducted by Rudi Verspoor, Dean and Chair, Department of Philosophy, and may also involve discussions with Steven Decker through new video conferencing technology.

In light of the significant improvements that have and will continue to be made to the Hahnemann College programs, we now require that students complete course material and clinical requirements for graduation within two years after the normal length of the program (e.g., within five years of a three year program).

Students of the DHHP, DVHH or DHP diploma programs who have not yet graduated, but who registered prior to or in 2001 must now complete their course work by 1 January 2006, and will then have another twelve months to complete their clinical requirements.

The Registrar will be in contact with you regarding your status if you are in this group, or you may contact the Registrar directly for more details.



Hahnemann Center Trust's Community Clinic

The Hahnemann Center Trust, a federally registered charitable body, operates a Community Clinic. Thanks to donations from the public, the HCH Trust is able to pay a significant portion of the cost of treatment through Heilkunst for those in financial need.

While we try to keep the cost of treatment as low as possible while still offering superior service and results, this is still difficult for some. We have patients who are out of work, on fixed incomes or with only one wage earner. They face foregoing treatment, or only treating some members of the family, because of the expense.

Here the HCH Trust can step in and help. For example, we have a single mother who has two children with learning problems who is able to get treatment for herself and her kids, thanks to the Community Clinic. We have an older woman on a fixed income and with physical, mental and emotional pain, and the cost of her treatment is subsidized.

The Community Clinic is run on a regular basis, and is continually expanding to provide more opportunities for patients and students. It is staffed by experienced and senior practitioners, and also acts as a teaching clinic for students studying with the Hahnemann College for Heilkunst, to provide much-needed practical experience to better prepare them for their own patients.

If you think you could use the Community Clinic services, or you know someone who might benefit, please contact the Reception at 830-8307 for more details. And, when you are looking for seriously useful places in the community to donate your charitable dollars, please consider the HCH Trust. Because we work in the area of alternative health, we

are mostly overlooked by those who tend to donate to more "mainstream" causes. The fact that those mainstream causes provide very little in the areas of help and cure makes this all the more frustrating to us!

We will issue charitable receipts for any donation over \$25. You also can support the HCH Trust by attending one of our fund-raising events, which we tend to publicise in the clinics and by newsletter or other mailings.

Upcoming Fund-Raiser

On Thursday evening, July 7th, in Carleton University's Alumni Theatre, we will be graced with the presence of three of the most talented musicians in Canada. Oh, yeah, and the funniest!

We are thrilled to welcome back to the Hahnemann Center Trust's Fund-Raising activities the Arrogant Worms! After a smashing performance in May 2004, we decided we just HAD to have them back again. They are absolutely too much fun NOT to share!



We've had reports of children and grandparents driving people mad with repetitious singing of the songs of the Worms! And reports of people whose faces still ache from the smiles and laughter they were forced to endure for the entire

Worm gig. We are hoping to cure them all before the Worms return.

Please join us in this concert to benefit the Trust and Community Clinic. We'll be sending you info as soon as the tickets are printed.

New Book!

Rudi and Patty have been very hard at work this Fall and Winter, putting the finishing touches on their new book, "*Autism: The Journey Back - Recovering the Self Through Heilkunst.*"

This book explains the process of Heilkunst in the treatment of autism, outlining the many causes that contribute to the diagnosis of autism. It also includes case histories (with clinical information and notes from the parents) of some of the children who have been treated, or are being treated, with Heilkunst. We'll let you know in a future newsletter that it is available for purchase!

New Module!

We're working on a new stand-alone Module that will be offered through the Hahnemann College for Heilkunst. It will cover the very controversial subject of vaccinations, and focus on the treatment of childhood illnesses with both pathic and tonic remedies, and with course material covering both human and animal vaccines



It will be offered to students and patients alike, since everyone will confront the vaccination question at some point, whether as a practitioner, patient of an allopathic physician or as a parent. We plan to have this Module ready for release by September 2005.



Contact Information

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